

Educational Workshops

Ask, Advise, Refer: Brief Intervention Training

This free, onsite training will assist providers and professionals in quickly and effectively implementing a dialog about tobacco use among their patients. Providers will gain information on the integration of the brief intervention model into existing office routine, patient resources, and fax-to-quit referral forms for Mom's Quit Connection (MQC) and the NJ Quitline. One CEU Social Work, Nursing, or CHES credit is available upon completion.

The New Generation of Tobacco Addiction - Customized time available. This workshop provides factual information to professionals and parents on e-cigarettes and a brief introduction to hookah as both products continue to gain more popularity in youth and young adults. The presentation will include resources and materials for distribution.

SMOKING CESSATION/PREVENTION WORKSHOPS

We provide community and professional group education. All workshops are free and can be tailored to your organization's specific needs.

Tobacco 101 – 1 hour. This workshop will cover general information about smoking, including: tobacco control and policy, health and economic impact of smoking, the dangers of secondhand and thirdhand smoke exposure and electronic nicotine delivery systems (ENDS).

Smoking and Pregnancy - 1 hour. This workshop will cover general information about smoking, but also the impact of smoking on maternal and child health.

Youth Smoking Prevention - 45 minutes. This workshop will cover general information about smoking, electronic nicotine delivery systems (ENDS), hookah and the health and economic impacts.

Getting Ready to Quit – 1 hour. This workshop covers the fundamentals of getting started with quitting smoking. This workshop also includes information on cessation resources and education on nicotine replacement therapies.

To Vape or Not To Vape? - 45 minutes. An interactive discussion for youth and young adults that unveils the truth about using e-cigarettes. This workshop also includes information on whether or not e-cigarettes should be used as a smoking cessation device, ingredients in e-liquid, preventing battery explosions, marketing ads copying big tobacco playbook, FDA regulations and state policies.

For More information email: tobaccofreenj@snjpc.org or visit www.tobaccofreenj.com

