

Although NO lead is good, different BLLs (amounts) need different actions

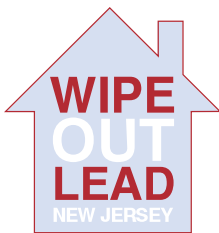
BLL (µg/dL)	POSSIBLE EFFECTS	ACTION FOR PARENTS
5 - 9	<ul style="list-style-type: none"> Stunted growth Effects on nervous system and IQ 	<ul style="list-style-type: none"> Behavior, learning, attention problems and hyperactivity can develop
10-14	<ul style="list-style-type: none"> Stunted growth Effects on nervous system and IQ Changes in blood and nervous system function 	<ul style="list-style-type: none"> Behavior, learning, attention problems and hyperactivity can develop Hearing problems
15-19	<ul style="list-style-type: none"> Stunted growth Effects on nervous system and IQ Changes in blood and nervous system function 	<ul style="list-style-type: none"> Behavior, learning, attention problems and hyperactivity can develop Hearing problems
20-44	<ul style="list-style-type: none"> Stunted growth Effects on nervous system and IQ Changes in blood and nervous system function 	<ul style="list-style-type: none"> Behavior, learning, attention problems and hyperactivity can develop Hearing problems
45 and Higher	<ul style="list-style-type: none"> Dangerous Level Blood problems, brain, kidney and nerve damage are common 	<ul style="list-style-type: none"> Immediate medical attention needed. Child may need to be hospitalized Chelation therapy (very strong medicine) may be started

Control and Prevention

- Use special lead cleaning techniques to keep your home free of lead
- Wash your child's hands often, especially after being outside, before eating, and before sleeping
- A healthy diet of foods and snacks helps your body absorb less lead
- If you see chipped or peeling paint, block it with furniture or cover with duct tape or contact paper
- Check for lead sources in your home and places where your child spends time

To get a **free** home test kit call

WIPE OUT LEAD
1-888-722-2903



Wipe Out Lead NJ provides expectant parents and families with free testing kits to check their homes for harmful levels of lead paint dust, the most common source of childhood lead poisoning.

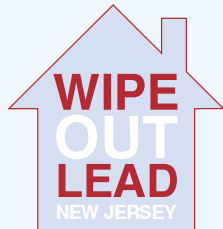
For more information or to receive a **free** lead test kit, call toll-free **1-888-722-2903**

Distributed Courtesy of
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Wipe Out Lead New Jersey is funded by the NJ Department of Community Affairs

KNOW THE NUMBER

Do You Know Your Child's BLL?



Helping families have lead safe homes

Blood Lead Level (BLL): What is it?

Ask your child's doctor for a blood test to measure your child's BLOOD LEAD LEVEL. This test is the **ONLY** way to know if your child has been exposed to dangerous levels of lead.

Results may take a few days. Be sure to call your child's doctor and ask for the Blood Lead Level (BLL) Number. The level of lead in the blood is measured in micrograms per deciliter ($\mu\text{g}/\text{dL}$)

Child's Name

Date of blood test

BLL# ($\mu\text{g}/\text{dL}$)

Date of blood test

BLL# ($\mu\text{g}/\text{dL}$)

New Jersey Law requires that **ALL** children be screened at age 1 and 2, and again any time he or she is at high risk for lead exposure.

Cleaning Lead Dust

Lead dust is tiny particles of lead from paint.

- Always clean lead dust with **WATER**. Never dry wipe, dry dust or use a dry broom to sweep.
- Clean whenever you see dust. You should clean at least once a week.
- When cleaning, always use two buckets so you can rinse in a separate bucket of clean water. Keep dipping your cleaning rag, sponge or mop in the bucket as you clean.
- Change your rinse water **OFTEN**. Discard dirty water in toilet or laundry sink. **NEVER** discard dirty water in kitchen or bathroom sink or outdoors.